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Tao Of Birth Days: Using The I-Ching To Become Who You Were Born To Be





Synopsis

This guide to ancient Chinese I Ching astrology is easy-to-use and can offer incredible insights into your life!Follow the simple directions to determine which of the 64 natal hexagrams you were born under. Discover your innate traits, talents, and possibilities. All you need to know is the date and year of your birth, or anyone elses, and with The Tao of Birth Days you can:Better understand your weaknesses and strengthsDetermine the signs for family, friends, co-workers, and loversLearn which signs you are most compatible with and whyPractice techniques to maximize your own potentialAnd to get along better with signs that challenge youAs author and I Ching Master, Denny Sargent writes in the introduction, "No quality in and of itself is bad or good, and also no hexagram is completely bad or good as a natal hexagram. Use it; do not let is use you."In The Tao of Birth Days, you'll find examples, meditations, visualizations, and instructions—all designed to help you discover and live up to your true potential.

Book Information

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Customer Reviews

ENJOYABLE

Use the formula in the book to figure out your Chinese Hexagram and then see how well the characteristics match up with your personality. I have no idea how or why this works but I'm a believer. I read my Dad four descriptions and was able to accurately match them up to me, my sister, my mom and himself. They're extremely accurate for my wife's family as well.

Great book, a must read!

My firend asked me to buys this for him for Christmas at the last minute and was quite surprised it arrived so quickly and in the great condition.

The Tao of Birth Days jumped off the shelf at me- it is subtitled 'Becoming who you were born to be' and I thought, what a great goal! What is fantastic about it is that it shows a new system for learning about yourself using the I Ching to discover what youre 'natal hexagram' is- this is fantastic stuff! It is easier than figuring out an astrology column and it was so right-on I almost dropped the book! My natal hexagram really fit, it was uncanny how accurate it was. Everything from my pickiness to my love of nature, my fixation on patterns and my love of animals- really amazing! This book also tells you how to find the natal hexagrams of others, like husbands!- and how to compare your hexagram and theirs to see where you conflict or complimant eachother- very useful! And, my husbands was right on too- almost spooky! All in all this is a great book and I think III be using it quite a bit over the years- run out and buy it! Youll be looking up the hexagrams of all your friends and coworkers- it is even now making the rounds of my office and everyone is amazed-Rebecca Hood

I am always amazed when one individual decides to improve on a system that took the Chinise thousands of years to complete. Mr. Sargent claims to have "The words of the sages" behind him, but I was very disappointed with what he did with them. The fact that he does not include any changing lines is telling. Anyone who has spent time with the I-Ching will find nothing new here. Anyone who wants to learn the I-ching would do well to find the Richard Wilhelm/Carry Baynes translation and give it the time it deserves.

I have been using the I Ching for 31 years with great effect and it has helped me quite a bit. This book opened a whole new view of the system to me, one based on personality types- it was AMAZINGLY accurate! Typing myself & my family has helped us all get along better and figuring out the natal hexagrams of my coworkers has really decreased tensions. There are great exercises in

The system used to derive the natal hexagram was created by a tantric yogi and doesn't seem to work. A more accurate and reliable method can be found in The Tao of the I Ching which also gives you a changing line for your natal hexagram if you know what time you were born. The Tao of the I Ching is hard to find but I found a copy at Ryukyu.com.

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